



Extreme Fitness Club Contact Information

Name _____ Email _____
 Address _____ City _____ Zip _____
 Home Phone _____ Cell Phone _____
 Emergency Contact _____ Relation _____
 Phone # _____ How did you hear about us? _____

ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the EFC program and related events and activities, the undersigned:

1. Agree that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her instructor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but the action, inaction or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive discharge and covenant not to sue the Extreme Fitness Club dba Faith First Corporation, its affiliated organizations, their administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage of property, caused or alleged to be caused in whole or in part by the negligence of releasees or otherwise.

I have read the above waiver and release, understand that I have given up substantial rights by signing it and sign it voluntarily.

SIGNATURE

DATE

PRINTED NAME OF PARTICIPANT _____